



Heather W. Emery

Associate

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Areas of Practice

ERISA and Tax Code
401(k) and multiemployer retirement plans
Affordable Care Act
Health plans
Section 125 cafeteria plans

Bar Admissions

Washington, 2000

Education

University of Washington School of Law

LL.M in Health Law, 2022

University of Washington School of Law

J.D., 2000

Stanford University

B.A., 1996

Overview

Heather works primarily with corporate, governmental, and multiemployer health plans on a variety of employee benefit issues. Her work includes:

- Subrogation matters related to self-funded and multiemployer health plans
- Compliance matters related to ERISA required disclosures
- Beneficiary matters related to proper distribution of 401(k) and defined benefit retirement accounts

Prior to working at MMPL, Heather was a government attorney for state and county agencies in Washington and Pennsylvania. She is an avid hiker and enthusiastic volunteer for Girl Scouts of Western Washington.

Professional Affiliations

- American Bar Association
- International Foundation of Employee Benefit Plans



EMPLOYEE BENEFITS LAW

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